**DATE REC: \_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Personal Details** | | | | | | | | | |
| Name: | | | | | Date of Birth: | | | | |
| Easiest contact telephone number:  Email: | | | | | Gender: | | | | |
| **Dates of trip** | | | | | | | | | |
| Date of departure | | | | |  | | | | |
| Return date of overall length of trip | | | | |  | | | | |
| **Itinerary and purpose of visit** | | | | | | | | | |
| Countries to be visited | | Length of stay | | | | Away from medical help at destination, if so, how remote? | | | |
| 1. | |  | | | |  | | | |
| 2. | |  | | | |  | | | |
| 3. | |  | | | |  | | | |
| Any future travel plans? | | | | | | | | | |
| **Please tick as appropriate below to best describe your trip** | | | | | | | | | |
| Type of trip | Business | |  | Pleasure | | |  | Other |  |
| Holiday type | Package | |  | Self Organised | | |  | Backpacking |  |
| Camping | |  | Cruise ship | | |  | Trekking |  |
| Accommodation | Hotel | |  | Relatives/family home | | |  | Other |  |
| Travelling | Alone | |  | With family/friend | | |  | In a group |  |
| Staying in the area which is | Urban | |  | Rural | | |  | Altitude |  |
| Planned activities | Safari | |  | Adventure | | |  | Other |  |